



# Институт Практической Психологии и Психоанализа

Лучшие в области психологического образования  
для практикующих психологов

Лицензия Департамента образования города Москвы №037440 от 27.04.2016 г.

## CERTIFICATE

This is to certify that

**Anna Yarigo**

**from March 17 to March 21, 2025**

participated in the continuing education program of the

Institute of Practical Psychology and Psychoanalysis

**Practical online seminar series**

**CLAY: THERAPY, CREATIVITY, PLAY**

with a total of 10 academic hours

*Instructor: **Elena Barchina** – n– psychologist, teacher, and lecturer at the Institute of Practical Psychology and Psychoanalysis with many years of experience. She has extensive practice in individual, family, and child counseling, as well as sandplay therapy.*

*She is the author of unique art therapy techniques for working with children and original methods for preventive anti-drug education with schoolchildren.*

*Author of articles on the theory and practice of telephone psychological counseling.*

*She has long-term experience in training specialists for crisis helplines.*

*Member of the Russian Association for Telephone Emergency*

*Psychological Assistance (RATEPA).*

Executive Director  
Non-State Educational Institution of  
Further Professional Education  
Institute of Practical Psychology and  
Psychoanalysis



Moscow  
2025

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